"Siúil a Rún" is a traditional Irish song, sung from the point of view of a woman lamenting a lover who has embarked on a military career, and indicating her willingness to support him. The song has English language verses and an Irish language chorus, a style known as macaronic.

The title translates to "go, my love" (or variants): síuil is an imperative, literally translating to "walk!", a rún is a term of endearment.